

SEEK  FIRST

# PRAYER & FAST GUIDE

# INTRODUCTION

Jesus has a beautiful and clear aim for the life of His disciples: to “seek first the Kingdom of God and His righteousness” (Matthew 6:33). The idea of “first” is not referring to first in sequence or order, but first in importance and value.

Jesus’ vision for us isn’t that we wake up, check the box of our morning devotionals and then go on in our day pursuing our own kingdoms and agendas. Jesus is imploring His followers to pursue and desire God’s Kingdom above all things and in all things. This is the heart of our Seek First vision and it’s why we are spending the next **21 days fasting and praying together**.

By abstaining from normal patterns of eating and indulging ourselves and putting concentrated effort towards prayer and the Scriptures, we are re-orienting our hearts to say afresh: **“We desperately want you and need you God!”**

Our praying is an act of resistance towards our self-reliance that says we can accomplish this God-sized vision in our own strength. We are devoting ourselves to pray like this because we believe He is worthy and able, the mission is urgent and massive and we are needy and dependent. And somehow, in a miraculous way, **God chooses to use our prayers and efforts to expand His Kingdom here across the globe and in the Bay Area!**

**The aim of this guide is to help serve you with daily Scriptures to meditate and feed on, questions to think through and prayer-prompts to guide your time of seeking God.** All of this is to aim our gaze upward, reminding us that the power in fasting is not in how well we can abstain from things but in the God we are seeking after.

The first week will focus upward at who God is, the second week will look inward at our own hearts and call to follow Jesus and the third and final week will focus us outward, looking at the world and praying that God’s Kingdom breaks in.



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**May we come to our Heavenly Father wholeheartedly believing that He is good, that He hears us and that He will respond, for our joy, the world’s good and His glory!**



# HOW DO I FAST?

First, as a disclaimer, if necessary, please get your physician's clearance for whichever fast you choose. If you have a history of eating disorders or find food fasting to be a negative trigger, we encourage you to fast from something non food related that you enjoy, such as social media, television, a certain drink, or an activity. If you are able to fast from food in a healthy way, we encourage you to practice this discipline.

With that in mind, here are four types of fasts we recommend you prayerfully consider:

## **FAST #1 SOUL FAST**

This fast is ideal if you are new to fasting, have health limitations, or want to refocus areas of life that are out of balance. You might choose to step away from social media, television, or Netflix during the fast and then reintroduce it in healthy rhythms afterward. Other soul fast options include coffee, shopping, alcohol, video games, or any comfort the Holy Spirit leads you to surrender during the 21 days.

## **FAST #2 SELECTIVE FAST**

A selective fast removes specific foods from your diet. One example is the Daniel Fast, a vegan style fast that removes meat, sweets, and bread while focusing on fruits, vegetables, water, and juice. You may also choose to fast from a single category, such as meats, sweets, or breads. The goal is to abstain from what the Holy Spirit prompts you to remove for the duration of the fast.

## **FAST #3 PARTIAL FAST**

Also known as the Jewish Fast or intermittent fasting, this fast involves abstaining from food during part of the day, such as from 6:00 am to 3:00 pm or from sunup to sundown. During fasting hours, we strongly encourage drinking plenty of water or juice.

## **FAST #4 COMPLETE FAST**

This fast consists of consuming only liquids, typically water, with light juices as an option. You may also include liquid only soups such as chicken broth, tomato bisque, lobster bisque, or miso soup.



# YOUR PRAYER & FASTING PLAN

Take a moment to prayerfully write out your fasting plan, inviting the Holy Spirit to clarify your purpose, posture your heart, and align your desires with God's will for this season.

## MISSION

(Write a brief sentence that summarizes why you're praying and fasting.)

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## MOTIVE

(Write out the one or two "anchor" scriptures that are motivating your fast.)

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## METHOD

(Which fast will you do? What specific foods and gifts from God will you fast?)

(What Scriptures will you commit to reading over the next 21 days?)

(Which family members and/or friends will you do this fast alongside?)

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## MIRACLES

(Write 3-4 supernatural miracles that you will be praying for God to perform through your fast.)

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# DAILY DEVOTIONALS & PRAYER PROMPTS

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# DAY 1 - FEB 23 | GOD IS SOVEREIGN

## **ISAIAH 46:9-10**

*Remember the former things of old; for I am God, and there is no other; I am God, and there is none like me, I declare the end from the beginning, and from long ago what is not yet done, saying: my plan will take place, and I will do all my will.*

We start this journey looking upward at God and who He is. Our problem isn't that we think too highly and too much of God, but that our thoughts are often too small and infrequent. God wants us to see Him clearly, which means to see Him as supreme, as sovereign, as the highest and greatest one who has all power and wisdom! Nothing is too hard for Him, no obstacle is in His way, no event comes at a surprise and no plan of His will be stopped. God is bigger than we dare to imagine, and that gives us incredible comfort, hope and courage in a world that feels broken and chaotic.

## **REFLECTION QUESTION**

How can a bigger view of God help you live with courage through the chaos of life?

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## **PRAYER PROMPTS**

1. Praise God: "God, I praise you for being greater and higher than \_\_\_\_\_."
2. Praise God for the assurance that His plans cannot be stopped.
3. Ask God to help you gain a clearer view of how big and powerful He is.



# DAY 2 - FEB 24 | GOD IS HOLY

## REVELATION 4:8

*And the four living creatures, each of them with six wings, are full of eyes all around and within, and day and night they never cease to say, "Holy, holy, holy, is the Lord God Almighty, who was and is and is to come!"*

If fasting is really about wanting God more than the things of this world, then it only makes sense to go deeper into who God is at His core. Thankfully we do not have to guess. The Scriptures tell us over and over again that He is Holy! This means that God is utterly unique, set-apart, on another level, not like anything or anyone else! You can't compare Him with another person or object in the Universe. He loves differently, He judges differently, He rules differently. He is Holy, and this means that how we view Him and relate to Him should be different than how we relate to everything else. His holiness demands a unique devotion, an elevated reverence, a complete allegiance and a prioritized love. He should get the first and best of us. He should get from us what we give to no other person or thing.

## REFLECTION QUESTION

Do you relate to and treat God like you relate to and treat everything else in your life?

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## PRAYER PROMPTS

1. Praise God for His holiness: "God, thank you that you are not like \_\_\_\_\_."
2. Ask God to give you a reverence that honors His holiness.



# DAY 3 - FEB 25 | GOD IS LOVE

## **PSALM 103:8**

*The LORD is compassionate and merciful, slow to get angry and filled with unfailing love.*

What thoughts come to mind when you think about who God is? Maybe you think that He is distant, or a bit unfair or harsh. The Scriptures re-center us time and time again back to the white-hot center of His heart – we serve a God who IS love and who bleeds compassion. What does this mean though? It means that God holds back the judgment that we so often deserve (mercy) and continually gives us generous blessings that we do not deserve (grace). We see this clearly with Jesus, a God who would descend, who would suffer and die to save sinners when they could not save themselves. God is an endless fountain of love, brimming forth blessing and life to those that do not deserve it. Because this is who God is at His core, everything He does in this world and in your life flows from this place.

## **REFLECTION QUESTION**

What would change about your life if you believed that every action of God in your life came from His love for you?

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## **PRAYER PROMPTS**

1. Praise God for His extravagant love in saving you from sin, death and hell!
2. Praise God for specific ways you have seen and experienced His love for you.
3. Ask God for the faith to receive and believe His love for you in a fresh way.



# DAY 4 - FEB 26 | GOD IS FAITHFUL

## **NUMBERS 23:19**

*God is not a man, that He should lie, or a son of man, that He should change His mind. Does He speak and not act? Does He promise and not fulfill?*

It's hard to really bank on anything in our culture. The weather app said sun and it's rainy, the package said two day delivery and it's delayed, your friends said they would be there for you and they turned their back. This world is fickle and unreliable. But, as the Scripture reminds us again, God is not like us. He never says something without following through. He always does what He promises, even when it looks like He is not active or has forgotten. He is faithful to His word, and this helps us have patience and hope-filled expectation in the waiting.

## **REFLECTION QUESTION**

What is a promise of God that you have given up trusting Him to come through on?

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## **PRAYER PROMPTS**

1. Praise God for specific ways you have seen Him come through on His promises in your life.
2. Ask God for renewed faith on the things you have given up faith for.



# DAY 5 - FEB 27 | GOD IS LIFE

## **JOHN 15:5**

*I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.*

Jesus doesn't allow Himself to be a nice little supplement to our lives. He declares that He is the exclusive source of all fruitfulness and life in this world. We are fasting because we need this truth drilled deeper into our hearts. We are lifeless branches apart from meaningful and constant connection to Jesus. He is where all joy, all life, all light, all power, all wisdom and all purpose come from. We agree with this theologically, but our self-reliance reveals that we don't truly believe this. Jesus is being loving here. – He is telling us that we must live wholly dependent upon Him or we will not be able to do anything of significance in the Kingdom. We can rest and embrace our true and utter neediness because He promises to be sufficient for us!

## **REFLECTION QUESTION**

Which area of your life reveals your self-reliance most clearly?

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## **PRAYER PROMPTS**

1. Praise God for being sufficient: "God, I praise you for being \_\_\_\_\_ when I lack \_\_\_\_\_."
2. Repent of the areas and ways in which you are living in self-reliance.
3. Ask God for a breakthrough in your dependency on Him during this fast.



# DAY 6 - FEB 28 | GOD IS WORTHY

## **PSALM 96:4**

*For great is the LORD and most worthy of praise; he is to be feared above all gods.*

There is so much to be celebrated in life, but not all things deserve equal celebration. The Scriptures reveal to us that God is the one most worthy of our praise. This means He is deserving of our supreme joy, our deepest gratitude, our strongest affections. When we say that God is worthy of our worship we are saying that God is “worth it”; that who He is and what He has done justifies and merits such a unique response. If a touchdown can warrant standing and clapping, what kind of celebration and joy should a merciful, all-powerful and saving God warrant?

## **REFLECTION QUESTION**

Are there things that you are celebrating and praising in your life more than God?

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## **PRAYER PROMPTS**

1. Praise God for being a beautiful treasure that is worth our whole lives!
2. Ask God for spiritual eyes to see His worthiness and beauty.



# DAY 7 - MAR 1 | GOD IS KING

## **PSALM 47:7-8**

*For God is the King of all the earth; sing praises with a psalm! God reigns over the nations; God sits on his holy throne.*

We don't have to think much about Kings and Kingdoms in our modern day, but God holds the title as King over all the earth. Every King has two main elements: a kingdom to rule over and citizens that live in that kingdom. Every citizen that lives in that Kingdom pledges their full allegiance to the King. They live under His reign, in alignment with His rule and are available at His request. This is our response to God's Kingship over our lives and this world. As King, God demands and deserves our full allegiance. We live to serve Him, to honor Him and to expand His Kingdom. We are not kings of our own kingdoms, we are citizens of His Kingdom, and that changes everything about our lives.

## **REFLECTION QUESTION**

What area of your life is not fully submitted to God's Kingship and rule?

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## **PRAYER PROMPTS**

1. Confess: "God, I confess that I am not submitting to your Kingship with my \_\_\_\_\_."
2. Praise God for being a King who is both over us in power and for us in love.



# DAY 8 - MAR 2 | SEEK FIRST

## **MATTHEW 6:33**

*But seek first the kingdom of God and his righteousness, and all these things will be added to you.*

It is only right that once we have spent time looking upward at God, we turn to look inward at ourselves. All of our actions are really only responses to who God is and what He has and is doing. This verse isn't just the central idea of our Seek First discipleship journey, it's a main teaching and command of Jesus for our lives. We don't need much explanation of what it means to seek. We do it regularly with money, with our careers, with relationships, with possessions. It entails both a desire and a pursuit. To seek is to go after what we really want. This means that Jesus is after a complete reordering of what we love and a drastic reorienting of where we are going with our lives. This charge isn't an optional addition to the Christian life, reserved for only the mature disciples, but rather a radical call to every follower of Jesus to place God's Kingdom as the center of their attention and the main ambition of their lives.

## **REFLECTION QUESTION**

What have you been placing above and before seeking God's Kingdom?

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## **PRAYER PROMPTS**

1. Confession: "God, I confess that I have placed \_\_\_\_\_ above and before seeking your Kingdom."
2. Ask God for a heart that desires Him above the things that you are pursuing.



# DAY 9 - MAR 3 | OVERCOME ANXIETY

## **MATTHEW 6:34**

*Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.*

Anxiety is an epidemic in our culture. It is so easy to worry about everything; what will that person think of us, will we have enough money, what decision should we make, etc. But Jesus tells us to not be anxious right after the command to seek His Kingdom first. Why? Because they are inseparable. The word anxiety literally means to be “divided and distracted.” This is why our worry is a sure sign that we are not seeking the Kingdom first. When we are anxious, we are revealing that we are torn between the Kingdom and this world, caring too much about the things of this life. What is Jesus’ antidote to our worry? To trust that we have a Heavenly Father who knows what we need and will provide for us. When we trust God to care for us in this way, we can give our wholeselves to seeking His Kingdom first.

## **REFLECTION QUESTION**

What area or circumstance in your life is bringing up the most anxiety in this season?

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## **PRAYER PROMPTS**

1. Confess: “Father, I confess that I am anxious about \_\_\_\_\_.”
2. Ask God for childlike faith to believe that He is a good Father who will care for you.



# DAY 10 - MAR 4 | BE NEEDY

## **MATTHEW 5:3**

*Blessed are the poor in spirit, for theirs is the kingdom of heaven.*

What does Jesus mean here? He is talking about those who realize and are convinced that they are utterly and inescapably needy and spiritually bankrupt. It means you finally stop pretending that you are okay on your own, that you don't need help and that your life is good without Jesus and His grace. Every human is desperately in need of God, – but only those who are poor in spirit believe they are and embrace it fully. It's a Kingdom paradox that God chooses to bless and fill empty spaces and open hands. We can either live from this place of neediness or from a false place of self-sufficiency.

## **REFLECTION QUESTION**

Do you spend your energy embracing your neediness and living from it or pretending like it doesn't exist?

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## **PRAYER PROMPTS**

1. Confess: "God, I admit that I have stopped owning my neediness of you when it comes to the area of \_\_\_\_\_."
2. Ask God for a sober view of yourself, revealing just how needy you are of Jesus.



# DAY 11 - MAR 5 | DENY YOURSELF

## LUKE 9:23-24

*Then Jesus said to them all, "If anyone wants to follow after me, let him deny himself, take up his cross daily, and follow me. For whoever wants to save his life will lose it, but whoever loses his life because of me will save it."*

We will always feel stuck, frustrated and perplexed with our discipleship to Jesus if we miss what Jesus is saying here. Many of us are trying to follow Jesus while holding onto our lives and plans and it's just not working. The reason isn't because we are doing something hard, but because we are doing something impossible. Jesus will not share the throne with another. He desires to give us nothing less than His abundant life, which means that we must deny full claim and ownership to the life we are holding onto currently. It's scary and requires faith, but the cross of Jesus shows us that He is worthy of our trust and that He did first what He is commanding us to do now. Losing and giving up is the only path to true gain in God's economy and Kingdom. And this is something that must take place daily. Why? Because we will keep trying to take back our lives and claim ownership, and following Jesus demands fresh surrender.

## REFLECTION QUESTION

What area of your life do you sense Jesus calling you to deny and give up in order to follow Him more faithfully?

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## PRAYER PROMPTS

1. Confession: "God, I confess that I am holding onto my life and trying to save it."
2. Ask God: "Father, help me surrender \_\_\_\_\_ to you"



# DAY 12 - MAR 6 | ASK & SEEK

## **MATTHEW 7:7-8**

*Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened.*

What comes to your mind when you think of prayer? Maybe it is really hard for you, maybe you think it doesn't work, maybe you are bored with it? Jesus' invitation here is not just an invite into a life of prayer, but a life of Kingdom adventure. Do you see what Jesus is saying? Those who ask receive; those seek find! This is wild. It is not our job to put limits and caveats on this. It is our job to have the childlike faith to trust that our Heavenly Father is good, that He hears us and that He wants to give us good gifts from His heart and hands. Maybe we have not received what we were looking for because we have given up on asking, we have grown cynical and apathetic. What if we returned to a childlike faith that trusted in who their Father was?

## **REFLECTION QUESTION**

What have you stopped asking God for?

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## **PRAYER PROMPTS**

1. Confession: "God, I confess that I have given up praying for \_\_\_\_\_ because \_\_\_\_\_."
2. "God, I am asking and seeking right now for you to \_\_\_\_\_."



# DAY 13 - MAR 7 | FAITHFUL STEWARDSHIP

## **MATTHEW 25:14, 16, 18**

*For it will be like a man going on a journey, who called his servants and entrusted to them his property... He who had received the five talents went at once and traded with them, and he made five talents more... But he who had received the one talent went and dug in the ground and hid his master's money.*

How are we to treat the money, time, relationships and gifts God has given to us? Jesus gives us a clear idea: we are called to be faithful stewards. According to this parable, Jesus' idea of faithfulness is doing something productive with the things He has placed in our hands. Playing it safe is not an option. Burying our gifts is an error. If we see the true worth of who Jesus is and what He has given us, our aim will be to make a return on His investment, to multiply what He has given us. The word steward implies that there is someone else who is the owner. What a privilege that Christ would entrust to us what is His. A right response to this stunning truth is to spend ourselves and our resources in a way that makes much of Jesus and what He has placed in our hands.

## **REFLECTION QUESTION**

What has God placed in your hands and are you investing it or burying it?

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## **PRAYER PROMPTS**

1. Praise God: "God, thank you for entrusting me with \_\_\_\_\_."
2. Confess: "God, I confess that I have have been burying \_\_\_\_\_."
3. Ask God for the courage to invest and spend what He has given you.



# DAY 14 - MAR 8 | BE BOLD

## **EPHESIANS 6:19-20**

*Pray also for me, that the message may be given to me when I open my mouth to make known with boldness the mystery of the gospel. For this I am an ambassador in chains. Pray that I might be bold enough to speak about it as I should.*

While we are thankful for Sunday gatherings where the Gospel is proclaimed, God's plan for making known the good news of Jesus stretches between Monday and Saturday as well! Every disciple of Jesus is called to be a witness, someone who shares and testifies to what they have seen and heard. If you have been saved by Jesus and filled with His Spirit, you have a powerful story to share that others need to hear. But let's be honest: It is hard to share it in this world. We have fear, insecurities, doubts. That's why even the Apostle Paul asks for prayer so He can be bold in sharing it. God will empower us, but we need to be ready and willing to open our mouths and share the good news of God's grace in Jesus!

## **REFLECTION QUESTION**

What is the main thing that keeps you from sharing the Gospel with others in boldness?

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## **PRAYER PROMPTS**

1. Confess: God, I confess that I have not shared the gospel boldly because of \_\_\_\_\_.
2. Ask God for boldness to share the story of Jesus with someone this next week!



# DAY 15 - MAR 9 | KINGDOM COME

## **MATTHEW 6:9-10**

*Pray like this: Our Father in heaven, may your name be kept holy. May your kingdom come, your will be done, on earth as it is in heaven.*

Have you ever felt stuck in your prayer life? Not knowing what to pray or how to pray? Jesus knew we would and he helped us with a simple yet profound framework. He tells us that we should pray that Heaven would invade Earth; that our cities and streets and homes would look more like a place where God is the reigning King, where His will and plans are being accomplished and experienced! This is not a bullet point in a long list of prayers, it is a central organizing principle that colors all of what we seek God for. And it doesn't just influence our prayers, it shapes our aim in life. We are not building our empires or legacies nor pursuing our agendas and plans. We are pursuing and praying for the life of God's Kingdom to pour out from us into the spaces and people around us. That mercy, hospitality, forgiveness, justice, compassion, humility and beauty would be experienced like never before, and it would lead people to the true and better King!

## **REFLECTION QUESTION**

What do your prayers reflect more of: your attempt to build your kingdom or to see God's Kingdom come?

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## **PRAYER PROMPTS**

1. Confess: "Jesus, I confess that I have been praying and desiring more of \_\_\_\_\_ than your Kingdom."
2. Ask God: "May your Kingdom come in \_\_\_\_\_ (situation or area of life)."



# DAY 16 - MAR 10 | THE NATIONS

## **PSALM 96:3**

*Declare his glory among the nations, his marvelous works among all the peoples!*

It is very easy to be focused on what is right in front of us. This is why the Scriptures lift our gaze beyond our own lives, plans and places, out towards the nations. It is common to forget this reality, but there are over 2.5 billion unreached people in the world. An unreached people group has no established Christian community of its own, but depends on outsiders for gospel access. This should swell in us a response: whether it is praying for God to save them, going on a trip to support the work, moving there to live on mission or supporting those who do. The Gospel is for all people, and we are called to lock arms with the Church to see Jesus' glory be proclaimed among all the peoples!

## **REFLECTION QUESTION**

What is your heart towards the nations and those without access to the Gospel?  
Indifferent, cold, warm?

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## **PRAYER PROMPTS**

1. Confess: "God, I have not let this reality of the lost burden my heart."
2. Pray that God would send laborers to be good news people in the world.



# DAY 17 - MAR 11 | MISSIONAL UNITY

## **JOHN 17:20-21**

*“I do not ask for these only, but also for those who will believe in me through their word, that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me.”*

One of the most missional things we can do is to pray for and pursue unity among the Church of Jesus. Other churches that preach the Gospel, submit to the Scriptures and make disciples are not in competition with our church, nor are we called to evaluate and compare as if we were rating one another. We are called to lock arms, embrace our differences, celebrate one another’s fruit and see one another as the same family with the same mission. Sadly, the world can often see more of our division than our unity. Maybe it’s because we have forgotten Jesus’ prayer.

## **REFLECTION QUESTION**

How do you view and talk about other churches, especially ones that are different?

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## **PRAYER PROMPTS**

1. Confess: “God, forgive me for the way I have not pursued unity with other believers.”
2. Pray for a supernatural unity specifically within the Gospel churches in the Bay Area.



# DAY 18 - MAR 12 | THE LABORERS

## **MATTHEW 9:37-38**

*Then he said to his disciples, “The harvest is plentiful, but the laborers are few; therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest.”*

It’s a common temptation to think that the greatest problem with the mission is the harvest, the world that we are called into to witness to. We might say things like “the soil is too hard” or “people are not interested”, but this statement from Jesus turns that all on its head. Jesus tells us that the real problem isn’t the harvest, but with the shortage of willing and active laborers. This should stop us in our tracks. We are the laborers Jesus is talking about. We are the laborers Jesus is calling us to pray for to be sent out. Half-hearted, cold prayers will not be sufficient for the task. Jesus calls us to nothing less than earnest prayer, “an urgent appeal coming from feeling pressing need.”

## **REFLECTION QUESTION**

Do you spend more time thinking that the harvest is the problem or praying for more laborers?

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## **PRAYER PROMPTS**

1. Confess: “God, I confess that I have put more blame on the harvest than owning my role as a laborer.”
2. Pray that more laborers would awaken to their mission in life and be sent out into the world.



# DAY 19 - MAR 13 | SPIRITUAL WARFARE

## **EPHESIANS 6:10-13**

*Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.*

The resistance you often feel, the discouragement that comes out of nowhere, the lies and attacks that seem to fly like arrows into your life, these are not what we think they are. Our enemy isn't the passionate member of another religion or the hostile atheist at your workplace, nor is it this godless culture we live in. Our active enemy is the devil and the cosmic evil spiritual powers in the world. We live daily in an unseen and yet very real spiritual war. There are forces that are set up in hostile opposition to your flourishing, joy, faith and fruitfulness. Just as in war, your enemy must determine your weapons. We cannot fight with human effort or strategy. We fight by putting on the armor of God and staying vigilant in prayer.

## **REFLECTION QUESTION**

Do you live with an active awareness of the spiritual war that surrounds your life?

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## **PRAYER PROMPTS**

1. Confess: "God, I confess that I have made \_\_\_\_\_ more of an enemy than the devil."
2. Pray for spiritual sensitivity to the spiritual war going on in your life and around you.



# DAY 20 - MAR 14 | MAKE DISCIPLES

## **MATTHEW 28:18-20**

*And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”*

A few things must be clear: this command is for every disciple, and every disciple is able to do it. You might ask, how do we do this? The good news is that Jesus never calls us to something He has not already modeled Himself. He spent three years investing in a small group, teaching them and showing them how to live faithfully as citizens of God’s Kingdom. Now, He fills us with His Spirit and sends us to do the same. You are called to take responsibility for someone’s journey of faith, pouring your life into others so they can grow as followers of Jesus. This is God’s plan for reaching the world, and He promises to be with you every step of the way.

## **REFLECTION QUESTION**

Are you actively involved in discipling others? If not, what is keeping you from obeying Jesus?

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## **PRAYER PROMPTS**

1. Confess: “God I confess that I have not taken this commandment seriously.”
2. Ask God for the courage to obey Christ, live on mission and pour your life into helping someone grow in following Jesus.
3. Repent of the areas and ways you live self-reliant.



# DAY 21 - MAR 15 | BE SAVED

## **ISAIAH 45:22**

*Turn to Me and be saved, all the ends of the earth; for I am God, and there is no other.*

What do we really want to see happen through all our service projects, mission trips and hospitality with neighbors? Are we just trying to show the world we are nice and loving people? Are we simply wanting to meet physical needs and solve worldly problems? These are good, but they are not the ultimate goal that the Church of Jesus is called to pursue. Our prayer and burning desire is that all of our efforts locally and globally would lead to sinners miraculously turning to Jesus for salvation and new life. We are not working ultimately for temporary change but eternal change. Life is short, tomorrow is not promised and Jesus is coming back one day to judge all – and it is these realities that should drive us to work and pray with urgency and dependency towards more and more people experiencing the power of the gospel!

## **REFLECTION QUESTION**

Who are you praying for to be saved in your life right now?

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## **PRAYER PROMPTS**

1. Pray for 3-4 people in your life that don't currently know or trust Jesus as Savior.
2. Pray for many people to come to saving faith in Jesus through our ministries and lives.





**RESONATE**

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