

HOW TO USE THIS GUIDE

Resonate Church, let's "Seek First" together and find that we get to **Enjoy Grace, Embody Love** and **Engage Culture** for the glory of God!

Here you will find a variety of activities - some to do on your own and others to enjoy with family or friends. Let's participate in these different activities throughout the Seek First Series while praying that God will grow our affections for Him and all people around us!

- > Read scripture together
- > Choose an activity
- > Memorize the weekly Bible verse

We are so excited that you have chosen to join us on this discipleship journey.

Learn more about Resonate's



seekfirst.resonatemovement.org






DISCIPLESHIP JOURNEY

35 simple ideas to prompt you and your family to grow in Christ **Enjoy Grace, Embody Love** and **Engage Culture** to bless others.




ENJOY GRACE

iDEA 1	<input type="checkbox"/> Walk around your neighborhood & thank God for His care of the animals & plants you see	iDEA 2	<input type="checkbox"/> Make a gratitude list, & thank God for those blessings	iDEA 3	<input type="checkbox"/> Spend a day unplugged from technology 	iDEA 4	<input type="checkbox"/> Start the morning thanking God for a new day	iDEA 5	<input type="checkbox"/> List attributes of God that you are thankful for & praise Him for who He is	iDEA 6	<input type="checkbox"/> Share a favorite Bible verse with a family member or friend 
iDEA 7	<input type="checkbox"/> Listen to your favorite worship song & share with someone why it's your favorite 	iDEA 8	<input type="checkbox"/> Make a list of favorite activities, & pick something to do as a family or with friends	iDEA 9	<input type="checkbox"/> Share a story of God answering a prayer	iDEA 10	<input type="checkbox"/> Imagine God smiling at you. Share how that makes you feel	iDEA 11	<input type="checkbox"/> At the end of the day, make a list of ways God had cared & provided for you for that day		

EMBODY LOVE

iDEA 1	<input type="checkbox"/> Share a word of encouragement with a family member or friend	iDEA 2	<input type="checkbox"/> Go for a walk around your neighborhood, & pray for your neighbors in silence or out loud	iDEA 3	<input type="checkbox"/> Write a thank you card to someone you appreciate sharing why you are grateful for them	iDEA 4	<input type="checkbox"/> Smile at someone 	iDEA 5	<input type="checkbox"/> Ask someone for a prayer request & pray for them	iDEA 6	<input type="checkbox"/> Pay for another family's meal in the drive thru line
iDEA 7	<input type="checkbox"/> Hold open the door for another person 	iDEA 8	<input type="checkbox"/> Pray a silent prayer for people as you pass them	iDEA 9	<input type="checkbox"/> Create care packages to donate to Resonate's Street Ministry	iDEA 10	<input type="checkbox"/> Pray for someone in your life who does not know God	iDEA 11	<input type="checkbox"/> Invite a friend to come with you to church 	iDEA 12	<input type="checkbox"/> Buy several gift cards from a local coffee shop & give each out to friends on the street

ENGAGE CULTURE

iDEA 1	<input type="checkbox"/> Donate your birthday/gift money to the church or charity	iDEA 2	<input type="checkbox"/> Prepare a meal for another family in need 	iDEA 3	<input type="checkbox"/> Invite another family over for dinner & learn something new about them	iDEA 4	<input type="checkbox"/> Pack an extra snack for school to share one with a friend	iDEA 5	<input type="checkbox"/> Serve your community & pick up trash at a local park	iDEA 6	<input type="checkbox"/> Babysit for another family for free to give the parents a night out
iDEA 7	<input type="checkbox"/> Meet a new family in your neighborhood 	iDEA 8	<input type="checkbox"/> Deliver baked goods & cards to the staff & teachers at your school	iDEA 9	<input type="checkbox"/> Bless friends on the street by joining Resonate Street Ministry Team	iDEA 10	<input type="checkbox"/> Gather clothes you have outgrown or no longer wear & donate them 	iDEA 11	<input type="checkbox"/> Serve a neighbor, (i.e. cleaning their yard, rolling their garbage bin in, or walking their dog, etc.)	iDEA 12	<input type="checkbox"/> Donate old blankets & towels to a local animal shelter